

# NORTHWEST CHILD DEVELOPMENT

## Summer Menu

September 13-17, 2010

### WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Fruity Cheerios Orange Juice	Milk Apple Muffin Diced Pears	Milk Kix Cereal Sliced Peaches	Milk Whole Wheat Pancakes w/ Syrup Pineapple Juice	Milk Fruit Whirls Cereal Mandarin Oranges
Milk Hamburger w/ Bun Corn Oranges	Milk Chicken Filet Broccoli w/ Cheese Cantaloupe Roll	Milk Macaroni & Cheese Mixed Vegetables Pineapple	Milk Sloppy Joe w/ Bun Steak French Fries Honey Dew Melon	Milk Turkey Sandwich Green Beans Applesauce
Milk Elf Grahams	Apple Juice Vanilla Crème Cookies	Milk Chocolate Chip Cookies	Grape Juice Goldfish Crackers	Milk Vanilla Wafers

### Please Serve Portions According to the Ages Below:

	Meat	Vegetables	Fruit	Bread	Milk
<b>1-2 Years</b>	1oz	¼ cup	¼ cup	½ slice	½c
<b>3-5 Years</b>	1 ½ oz	½ cup	½ cup	½ slice	¾c
<b>6-12 Years</b>	2 oz	¾ cup	¾ cup	1 slice	1 c