

NORTHWEST CHILD DEVELOPMENT

Winter Menu

February 27-March 2, 2012

WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk Cereal Bar Apple Juice	Milk Apple Cinnamon Toasted Oats Cereal Mandarin Oranges	Milk Grits w/ Butter Orange Juice	Milk Crisp Rice Cereal Applesauce	Milk Kix Cereal Fresh Apples
Milk Macaroni & Cheese w/ Diced Ham Green Peas Peaches Roll	Milk Chicken Nuggets Tater Tots Tropical Fruit Mix Roll	Milk Ravioli Green Beans Pears Roll	Milk Turkey Sandwich Vegetable Soup Oranges	Milk Hamburger w/ Bun Baked Beans Pineapple
Milk Elf Grahams	Pineapple Juice Vanilla Crème Cookies	Milk Scooby Doo Graham Crackers	Grape Juice Cheese Its	Milk Vanilla Wafers

Please Serve Portions According to the Ages Below:

	Meat	Vegetables	Fruit	Bread	Milk
1-2 Years	1oz	1/4 cup	1/4 cup	1/2 slice	1/2c
3-5 Years	1 1/2 oz	1/2 cup	1/2 cup	1/2 slice	3/4c
6-12 Years	2 oz	3/4 cup	3/4 cup	1 slice	1 c